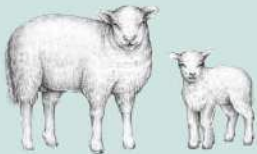


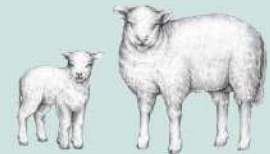
# The Shoulder of Mutton

## GLUTEN FREE

*Menu*



[www.theshoulderofmuttonpub.co.uk](http://www.theshoulderofmuttonpub.co.uk)  
Facebook: The Shoulder of Mutton  
0114 2864733



Ask a member of the team about our **FREE** function room hire and buffet options!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Monday club served 4pm-8pm. Two meals for £25	Burger night served 4pm-8pm. Two burgers for £22.50	Pie night served 4pm-8pm. Two pies for £25	Quiz night starts at 9:30. FREE buffet and prizes to be won!	Fish night served 4pm-9pm. Two meals for £26	Steak night served 4pm-9pm. See menu for evening deals	Homemade Sunday roast dinners. Served 12-6pm

Food allergies and intolerances: before you order your food and drinks, please speak to a member of our staff if you would like to know more about our ingredients. All weight quotes are approximate prior to cooking. Some fish dishes may contain bones. All dishes are subject to availability. All prices include VAT. (v) items suitable for vegetarian. (ve) items suitable for vegans. Please ask a member of our staff to see the gluten free or vegan menu.

# GLUTEN FREE *Menu*

## SMALL PLATES & TAPAS

ANY 3 for £16.50

<b>Buttermilk Chicken Goujons</b>	£7
With spicy salsa	
<b>Onion Bhajis (v)</b>	£6.50
With mint yoghurt	
<b>Nachos (v)</b>	£7
Tortilla chips topped with nacho cheese sauce, jalapeños, salsa and sour cream	

## SHARERS

<b>Louisiana Fried Chicken Loaded Bowl</b>	£11.50
Skin-on fries, breaded chicken, cheese and a sweet chilli sauce	
<b>Nachos Sharer (v)</b>	£10.50
Tortilla chips topped with nacho cheese sauce, jalapeños, salsa and sour cream	

## PUB CLASSICS

<b>Beef Chilli Con Carne</b>	£15.50
Served with basmati rice and tortilla chips	
<b>Classic Beef Burger</b>	£16.50
Topped with Monterey Jack cheese and bacon on a dressed brioche bun. Served with triple-cooked chips and spicy relish	
<b>Roasted Cod &amp; Chips</b>	£16.50
Served with triple-cooked chips, mushy peas and tartare sauce	
<b>Breaded Chicken Strips</b>	£15.50
Served with skin-on fries, house slaw and spicy salsa	
<b>Chicken Zinger Stack</b>	£16.50
Breaded chicken topped with hash brown, Monterey Jack cheese and sweet chilli sauce on a dressed brioche bun with spicy relish	
<b>Prawn Thai Red Curry</b>	£18
Seared king prawns simmered with peppers, green beans, chilli, lemongrass, Thai basil and coconut. Served with basmati rice	
<b>Roast Vegetable Thai Red Curry (ve)</b>	£15
Roast peppers, green beans and baby corn, simmered with chilli, lemongrass, Thai basil and coconut. Served with basmati rice	
<b>BBQ Ribs</b>	£20
Full rack of tender BBQ pork ribs. Served with skin-on fries, house slaw and BBQ sauce	

## TEX-MEX SIZZLERS

Served on a sizzling skillet with tortilla chips, skin-on fries, sour cream, salsa & cheese

<b>Cajun Chicken</b>	£17.50
<b>Mediterranean Vegetables</b>	£16.50

## LUNCH TIME DEAL

Served 12pm-4pm

2 for £20 or £12 each

### Roasted Cod & Chips

Served with skin-on fries, mushy peas and tartare sauce

### 10oz Gammon Steak

Served with skin-on fries, garden peas and our house pineapple chutney. Add an egg for £1.50

### Grilled Chicken Breast

Served with skin-on fries, garden peas and a tomato and garlic sauce

### Classic Beef Burger

Topped with Monterey Jack cheese on a dressed brioche bun. Served with skin-on fries and spicy relish  
Add bacon for £1.50

### Grilled Chicken Salad

Served on house salad with a honey mustard dressing

### Beef Chilli Con Carne

Served with basmati rice and tortilla chips

### Breaded Chicken Strips

Served with skin-on fries, house slaw and salsa

Upgrade any meal to triple-cooked chips for £1.50

## FROM THE GRILL

All our steaks are served with triple-cooked chips, roasted tomato and balsamic rocket salad

<b>10oz Sirloin Steak</b>	£21.50
28 day aged for enhanced flavour	
<b>Mixed Grill</b>	£26
6oz sirloin, 5oz gammon, chicken breast and two fried eggs	
<b>Add a sauce for only £2</b>	
Pink Peppercorn / Red Wine Jus	

<b>10oz Gammon Steak</b>	£17
Served with triple-cooked chips, fried egg, garden peas and house pineapple chutney	

## ADDITIONS

<b>Skin-On Fries (v)</b>	£4
<b>Cheesy Fries (v)</b>	£4.50
<b>Cajun Fries (v)</b>	£4.25
<b>Triple-Cooked Chips (v)</b>	£4.50
<b>House Salad (v)</b>	£4.50
<b>House Slaw (v)</b>	£2.75

## DESSERTS

<b>Raspberry Sorbet</b>	£4
With raspberry sauce	
<b>Ice-Cream Sundae</b>	£5
Chocolate and strawberry sauce with marshmallows and a chocolate flake	
<b>Rhubarb &amp; Ginger Torte</b>	£6.50
With raspberry sorbet	

# The Shoulder of Mutton

## GLUTEN FREE SUNDAY

*Menu*



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Monday club served  
4pm-8pm. Two  
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### TUESDAY

Burger night served  
4pm-8pm. Two  
burgers for £22.50

### WEDNESDAY

Pie night served  
4pm-8pm. Two  
pies for £25

### THURSDAY

Quiz night starts at  
9:30. FREE buffet  
and prizes to be won!

### FRIDAY

Fish night served  
4pm-9pm. Two  
meals for £26

### SATURDAY

Steak night served  
4pm-9pm. See menu  
for evening deals

### SUNDAY

Homemade Sunday  
roast dinners.  
Served 12-6pm

# The Shoulder of Mutton

## GLUTEN FREE SUNDAY

Menu

### SMALL PLATES & TAPAS

ANY 3 for £16.50

<b>Breaded Chicken Goujons</b> With spicy salsa	£7
<b>Onion Bhajis</b> With mint yoghurt	£6.50
<b>Yorkshire Puddings (v)</b> With rich gravy	£6

### ADDITIONS

<b>Braised Red Cabbage (v)</b>	£4
<b>Cauliflower Cheese (v)</b>	£4.25
<b>Triple-Cooked Chips (v)</b>	£4.50
<b>Skin-On Fries (v)</b>	£4
<b>House Slaw (v)</b>	£2.75
<b>Pork, Sage &amp; Onion Stuffing</b>	£4
<b>House Salad</b>	£4

### DESSERTS

<b>Raspberry Sorbet</b>	£4
With raspberry sauce	
<b>Ice-Cream Sundae</b>	£5
Chocolate and strawberry sauce with marshmallows and a chocolate flake	
<b>Rhubarb &amp; Ginger Torte</b>	£6.50
With raspberry sorbet	

### ROAST DINNERS

Our Sunday roast dinners are served with beef-dripping roast potatoes, honey-roasted parsnips, mashed potatoes, Yorkshire pudding, pork and sage stuffing, gravy and fresh market vegetables

<b>Yorkshire Topside of Beef</b>	£18
<b>Herbed Chicken Breast</b>	£16.50
<b>Roast Bacon</b>	£16.50
<b>Three Meat Platter</b>	£20
<b>Braised Lamb Shank</b>	£23.50

**Chestnut & Mushroom Roast (v)** £17.50  
Topped with cranberries and pumpkin seeds. Served with rosemary roast potatoes, mashed potatoes, honey-roasted parsnip, Yorkshire pudding, gravy and fresh market vegetables

### CLASSICS

<b>Chicken &amp; Bacon Salad</b>	£16.50
Served on house salad with honey mustard dressing	
<b>Chicken Zinger Stack</b>	£16.50
Breaded chicken topped with hash brown, Monterey Jack cheese and sweet chilli sauce on a dressed brioche bun. Served with skin-on fries	
<b>Breaded Chicken Strips</b>	£15.50
Served with skin-on fries, house slaw and spicy salsa	

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